



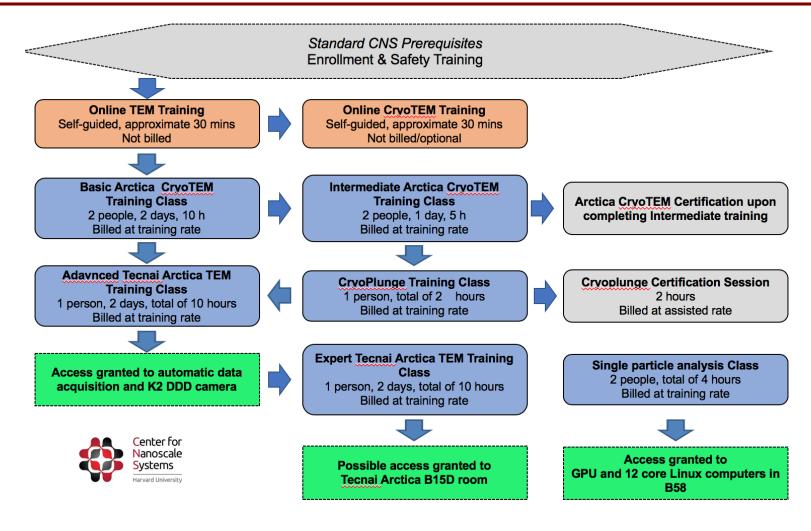
The Tecnai Arctica (TEM-9) Cryo-EM workflow

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The Arctica Cryo-EM training chart





Cryo-TEM training involves several levels. The initial level is an overview of the technique and practical considerations. Hands on training follows in a small group environment by experienced staff. Users are allowed then to operate the microscope after passing a basic certification. Experienced users are given 24hr access to complete their projects.



The Tecnai Arctica workflow





The Tecnai Arctica is a 200 kV, FEG emission microscope that is fully automated for high-resolution 3D characterization of biological samples.





Control room in B58A/LISE for the Tecnai Arctica.

Access for certified CNS users is granted after completing the intermediate training.

Specimen preparation are in GO5/LISE for the Tecnai Arctica.

Access for certified CNS users is granted after GO5 training led by Sandra Nakasone.



The Arctica Cryo-EM training workflow



- 1. User register as CNS users and undergo safety training.
- 2. Optimizing sample with negative staining with TEM-5.

SSM assisted use with negative staining screening and training

- Screening of the negatively stained EM grids sample 1 2 EM grids
 - Negative staining training (GO5, 30min 1 hour).
 - F20 (TEM-5) screening (B15E, 1-2 hours) (**SSM** and **Carolyn Marks**)
- Required training
 - Negative staining training (GO5, 1 hour) SSM
 - GO5 training (Sandra Nakasone, 2h)
- 3. Optimizing samples for Cryo-EM.

SSM assisted use with Cryo-EM sample preparation and screening

- Preparing Cryo-EM grids (freezing the samples, GO5, 1h), 1 sample 3 4 grids.
- Mounting grids in autogrids and loading samples in the Arctica (TEM-5, B15A, 1h)
- Screening of the Cryo-EM grids with the Arctica (TEM-9, B58A, 3 4 h)
- Required training
 - Use of the Cryoplunge and freezing of Cryo-EM grids (GO5) **SSM**
 - Basic Cryo-EM Arctica training (TEM-9, B58, two days) **SSM**
 - Intermediate Cryo-EM Arctica training (TEM-9, 1 day) **SSM**



The Arctica Cryo-EM training workflow



4. Single particle data collection – B58A (SSM).

SSM assisted use with Cryo-EM single particle data collection and training.

- Freezing of 8 to 12 grids and store in liquid nitrogen (GO5, 1h)
- Mounting the Cryo-EM grids in the Arcica (TEM-9, B15D, 1h)
- Collecting data with the Arctica (TEM-9, K2 summit camera, movie mode, B58A 5 days 2 weeks)
- Data processing (B58, 6 12 weeks)
- Required training in addition of training in 3.
 - Advanced Cryo-EM Arctica training (automatic data collection, B58A, 1 day)
 - Advanced Cryo-EM Arctica training (K2 usage for data collection)

5. Data/structure analysis and validation – B58 (SSM).

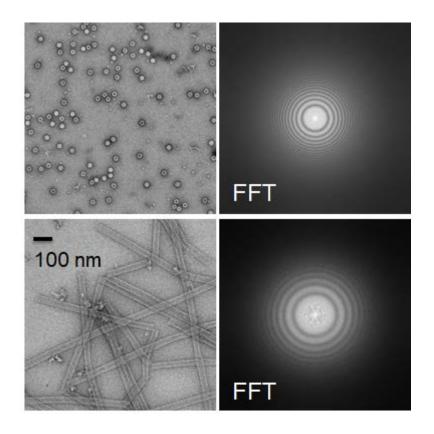
SSM assisted use with Cryo-EM single particle data analysis and training.

- Training protocols for EMAN2 and Relion 3 on stand alone GPU Linux workstation
- Data evaluation with Digital Micrograph or EMAN2 before processing
- Stand alone particle picking algorithms
- Data validation and modelling with UCSF-Chimera
- Required training in addition fo 4. is 2-3 hours assisted use (initially) and 1h consultations, as needed



Basic and Intermediate Arctica Cryo-EM courses

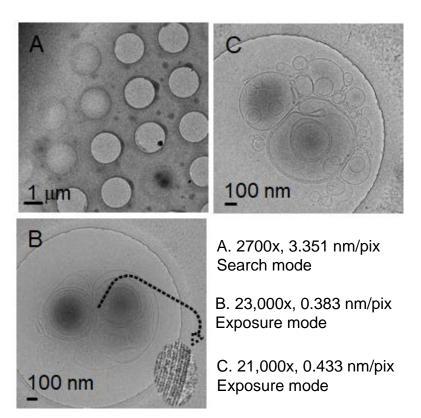




Basic Arctica Cryo-EM training

Negative stained (1% UA) Adeno-associate viruses (AAV) and Microtubules (MT).
Learning Low Dose imaging and Fourier transform (FFT)

Two days



Intermediate Arctica Cryo-EM training

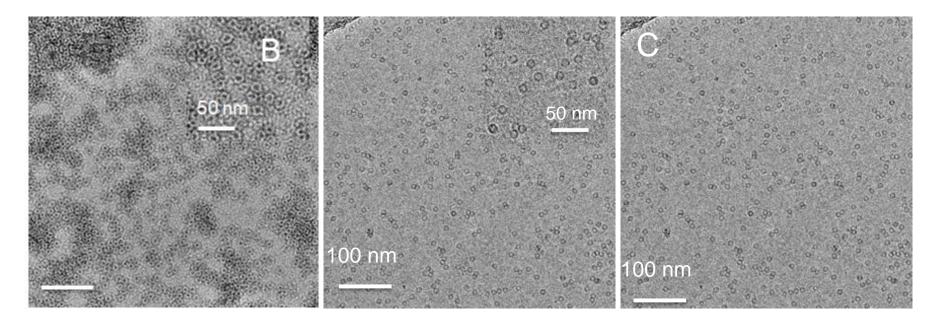
Cryo-EM of liposomes. Screening and low-dose imaging. Visualizing the lipid bilayer

One day



Advanced Arctica Cryo-EM course





Apoferritin from equine spleen

- A Negative staining Carbon 300 mesh Cu grids
- **B** Exposure mode 39,000x magnification, 2.5 Å/pixels. The were acquired for 1 second on an Eagle 4096 x 4096 pixels Eagle CCD camera, at low dose conditions ($< 25 e^- Å^2$).
- **C** Exposure mode 23,500x magnification, 1.51 Å/pixels. The images were acquired for 10 second on a K2 DDE camera in counting mode, at low dose conditions (< 25 e⁻ Å²).